



Lactulose

A gentle laxative

Your vet has prescribed lactulose for your pet. It is a sugar that stays in the gut and draws water in, softening stools. It also reduces toxin absorption. The label on your pet's medicine always comes first, so keep this with it and ask us anything you're unsure about.

What is it used for?

- Softening stools and treating constipation.
- Reducing toxins in the gut in some liver diseases.

How quickly does it work?

- It usually works within 1 to 2 days.

How do I give it?

- Give exactly as the label says. It is a sweet liquid that many pets take in food.
- Your vet may adjust the dose to get soft, but not runny, stools.

What if I miss a dose?

- Give it when you remember, unless the next dose is nearly due. In that case skip the missed one.
- Never give two doses together to catch up.
- If your pet vomits soon after a dose, call us before giving another.

Possible side effects

- Wind, tummy rumbling or loose stools.
- Dehydration if diarrhoea is severe.

Monitoring and check-ups

- Your vet will adjust the dose based on your pet's stools.

Important things to know

- Always have fresh water available.
- Let us know if your pet has diabetes.
- Tell your vet about any other medicines, supplements or flea and worm treatments your pet has.
- Store safely out of reach of children and other pets. This medicine is for your pet only.

Your questions answered

- **Is it safe long term?** Yes, many pets take it for long periods.
- **What if stools are runny?** Contact us. The dose may need reducing.

Call us straight away on 01843 808344 (24/7) if:

- Your pet is straining without passing stools or is vomiting.
- Your pet has severe diarrhoea or seems weak or dull.
- You think your pet (or anyone else) has taken too much.

Mango's Top Tip

The goal is the perfect poo: soft, formed and easy to pass. Tell us what's happening so we can fine-tune the dose!